



*Diabetic Education*  
*Benefit Grid Revision, effective 12/8/08*

The Plan now offers an enhancement to the TRICARE Prime Benefit for diabetic education. Effective immediately, glycosylated hemoglobin (HbA1C) of 7 or more in the 90 days before referral for diabetic education will be considered as medically necessary (TRICARE requires HbA1C of 9.5 or greater in the 90 days before referral).

**Authorization:** Medical necessity review and preauthorization is always required.

**Covered HCPCS code(s):** G0180, G0109

**Co-payment:** some members may be responsible for co-pay

**Description:** A diabetes outpatient self-management and training program provides education in the successful self-management of diabetes. The training program must include all 3 of the following criteria: education about self-monitoring of blood glucose, diet and exercise; an insulin treatment plan developed specifically for the patient who is insulin dependent; and motivates patients to use the skills for self-management. Services must be provided by: 1) an otherwise authorized individual professional provider who also meets the National Standards for Diabetes Self-Management Education programs recognized by the American Diabetes Association; 2) a provider who is Medicare certified to provide diabetes outpatient self-management training services. The following medical conditions, as well as any other medical condition in which diabetes self-management training is medically necessary, would be eligible for coverage: 1. New onset diabetes. 2. Poor glycemic control as evidenced by a glycosylated hemoglobin (HbA1C) of 7 or more in the 90 days before attending the training. 3. Change in treatment regiment from no diabetes meds to any diabetes meds, or from oral diabetes med to insulin. 4. High risk based on at least one of the following documented complications: lack of feeling in the foot or other foot complications such as foot ulcer or amputation; pre-proliferative or proliferative retinopathy or prior laser treatment of the eye; kidney complications related to diabetes, such as macroalbuminuria or elevated creatinine.

**Exclusion(s):** none if above criteria are met

**Reference:** TRICARE policy manual chapter 8, section 8.1